

The Disappearing Sister



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PDHPE

Growth & Development

The Body

K-6 Overview

- Body parts/systems/functions
- Caring for the body
- Effects of illness/disease

Early Stage 1

- Basic needs
 - Shelter, clothing, food
- Looking after the body

Stage 1

- Body parts
 - Internal, external
- Body care and maintenance
- Basic needs

Changes

K-6 Overview

- Appearance
- Identifying changes over time
- Effects of life changes
- Physical/social/emotional changes
- Changing friendships/relationships/feelings/environments /needs
- Stress
- Coping with change

Early Stage 1

- Changes in appearance and abilities
 - Since birth

Stage 1

- Body appearance
- Feelings about change

Interpersonal Relationships

Relationships

K-6 Overview

- Recognising individual needs
- Caring

	<ul style="list-style-type: none"> • Trust • Positive relationships • Support networks
Early Stage 1	<ul style="list-style-type: none"> • Expression of feelings • Caring for others • Positive relationships • People to go to for help
Relationships (continued) Stage 1	<ul style="list-style-type: none"> • Recognising individual needs • Caring • Permission and choices • Positive relationships • People to go to for help
Communication K-6 Overview	<ul style="list-style-type: none"> • Communicating needs and wants • Recognising and articulating feelings • Appropriate expression of feelings • Expressing concerns • Showing concerns for others
Early Stage 1	<ul style="list-style-type: none"> • Expressing needs, wants and feelings • Verbal and nonverbal • Seeking help • Giving help • Asking questions
Stage 1	<ul style="list-style-type: none"> • Expressing needs, wants and feelings • Verbal and nonverbal • Identifying feelings of others • Understanding feelings of others • Showing concern for others • Expressing concerns • Seeking help
Family K-6 Overview	<ul style="list-style-type: none"> • Types of families • Family changes
Early Stage 1	<ul style="list-style-type: none"> • Family roles
Stage 1	<ul style="list-style-type: none"> • Family roles • Family activities
Personal Health Choices	
Nutrition K-6 Overview	<ul style="list-style-type: none"> • Balanced eating habits • Digestive system

Early Stage 1

- Balanced eating habits

Stage 1

- Balanced eating habits