

# ***Dinner on the Doorstep***

**ISBN: 978-0-9943392-9-4**

## **PDHPE**

<b>Growth &amp; Identity</b>	
<b>Personal Identity</b> K-6 Overview	<ul style="list-style-type: none"> <li>● Similarities and differences</li> <li>● Feelings</li> </ul>
Stage 1	<ul style="list-style-type: none"> <li>● Experiences</li> <li>● Feelings</li> <li>● Wants</li> <li>● Needs</li> <li>● Range of emotions</li> </ul>
<b>Changes</b> K-6 Overview	<ul style="list-style-type: none"> <li>● Effects of life changes</li> <li>● Changing friendships/relationships/feelings/environments/needs</li> <li>● Coping with change</li> </ul>
Stage 1	<ul style="list-style-type: none"> <li>● Feelings about change</li> </ul>
<b>Interpersonal Relationships</b>	
<b>Relationships</b> K-6 Overview	<ul style="list-style-type: none"> <li>● Recognising individual needs</li> <li>● Caring</li> <li>● Trust</li> <li>● Positive relationships</li> <li>● Supporting networks</li> </ul>
Early Stage 1	<ul style="list-style-type: none"> <li>● Expression of feelings</li> <li>● Caring for others</li> <li>● Positive relationships</li> <li>● Special people/things</li> </ul>
Stage 1	<ul style="list-style-type: none"> <li>● Recognising individual needs</li> <li>● Caring</li> <li>● Positive relationships</li> <li>● Special people/things</li> </ul>

<b>Communication</b> K-6 Overview	<ul style="list-style-type: none"> <li>● Communicating needs and wants</li> <li>● Recognising and articulating feelings</li> <li>● Understanding feelings of others</li> <li>● Appropriate expression of feelings</li> <li>● Expressing concerns</li> <li>● Showing concerns for others</li> </ul>
Early Stage 1	<ul style="list-style-type: none"> <li>● Expressing needs, wants and feelings</li> <li>● Seeking help</li> <li>● Giving help</li> </ul>
Stage 1	<ul style="list-style-type: none"> <li>● Expressing needs, wants and feelings</li> <li>● Identifying feelings of others</li> <li>● Understanding feelings of others</li> <li>● Expressing concerns</li> <li>● Seeking help</li> </ul>
<b>Families</b> K-6 Overview	<ul style="list-style-type: none"> <li>● Types of families</li> <li>● Family changes</li> </ul>
Early Stage 1	<ul style="list-style-type: none"> <li>● Family roles</li> <li>● Rights and responsibilities</li> </ul>
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# Questions

## Question 1

<p><b>When Mikey's mum became sick, his friends and community help out by cooking his family dinner.</b></p>	
<p>Answers should prompt children to think about how they can build and maintain positive relationships with those around them.</p>	
<p><b>Parts of the PDHPE Syllabus Addressed:</b></p>	
<p><b><u>Interpersonal Relationships</u></b> <b>Relationships</b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Recognising individual needs</li> <li>● Caring</li> <li>● Trust</li> <li>● Positive relationships</li> <li>● Supporting networks</li> </ul> <p><b>Early Stage 1</b></p> <ul style="list-style-type: none"> <li>● Expression of feelings</li> <li>● Caring for others</li> <li>● Positive relationships</li> <li>● Special people/things</li> </ul> <p><b>Stage 1</b></p> <ul style="list-style-type: none"> <li>● Recognising individual needs</li> <li>● Caring</li> <li>● Positive relationships</li> <li>● Special people/things</li> </ul>
<p><b>Communication</b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Understanding feelings of others</li> <li>● Expressing concerns</li> <li>● Showing concerns for others</li> </ul> <p><b>Early Stage 1</b></p> <ul style="list-style-type: none"> <li>● Giving help</li> </ul> <p><b>Stage 1</b></p> <ul style="list-style-type: none"> <li>● Identifying feelings of others</li> <li>● Understanding feelings of others</li> <li>● Expressing concerns</li> </ul>

**Question 2**

<p><b>Why do you think that Simon was upset on Thursday? Can you think of anything that might make him feel better?</b></p>	
<p>Answer should get children thinking about possible family changes.</p>	
<p><b>Parts of PDHPE Syllabus Addressed</b></p>	
<p><b><u>Growth and Identity Changes</u></b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Effects of life changes</li> <li>● Changing friendships/relationships/feelings/environments/needs</li> <li>● Coping with change</li> </ul> <p><b>Stage 1</b></p> <ul style="list-style-type: none"> <li>● Feelings about change</li> </ul>
<p><b><u>Interpersonal Relationships Families</u></b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Types of families</li> <li>● Family changes</li> </ul> <p><b>Early Stage 1/Stage 1</b></p> <ul style="list-style-type: none"> <li>● Family roles</li> <li>● Rights and responsibilities</li> </ul>
<p><b>Have you ever felt like that? How else do you think Simon could have better expressed his feelings?</b></p>	
<p>Answer to part 1 should prompt children to begin to recognise their own feelings.</p>	<p>Answer to part 2 should prompt children to think about better ways to express their own feelings.</p>
<p><b>Parts of PDHPE Syllabus Addressed</b></p>	
<p><b><u>Growth and Identity Personal Identity</u></b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Feelings</li> </ul> <p><b>Stage 1</b></p> <ul style="list-style-type: none"> <li>● Experiences</li> <li>● Feelings</li> <li>● Wants</li> <li>● Needs</li> <li>● Range of emotions</li> </ul>

**Question 2 (continued)**

<p><b><u>Interpersonal Relationships</u></b> <b>Communication</b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Communicating needs and wants</li> <li>● Recognising and articulating feelings</li> <li>● Understanding feelings of others</li> <li>● Appropriate expression of feelings</li> <li>● Expressing concerns</li> <li>● Showing concerns for others</li> </ul> <p><b>Early Stage 1</b></p> <ul style="list-style-type: none"> <li>● Expressing needs, wants and feelings</li> <li>● Seeking help</li> </ul> <p><b>Stage 1</b></p> <ul style="list-style-type: none"> <li>● Expressing needs, wants and feelings</li> <li>● Identifying feelings of others</li> <li>● Understanding feelings of others</li> </ul>
<p><b>Can you think of anything else you could do to help Simon express his feelings better?</b></p>	
<p>These answers should build off the previous questions.</p>	
<p><b>Parts of PDHPE Syllabus Addressed</b></p>	
<p><b><u>Interpersonal Relationships</u></b> <b>Relationships</b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Recognising individual needs</li> <li>● Caring</li> <li>● Trust</li> <li>● Positive relationships</li> <li>● Supporting networks</li> </ul> <p><b>Early Stage 1</b></p> <ul style="list-style-type: none"> <li>● Expression of feelings</li> <li>● Caring for others</li> <li>● Positive relationships</li> <li>● Special people/things</li> </ul> <p><b>Stage 1</b></p> <ul style="list-style-type: none"> <li>● Recognising individual needs</li> <li>● Caring</li> <li>● Positive relationships</li> <li>● Special people/things</li> </ul>
<p><b>Communication</b></p>	<p><b>K-6 Overview</b></p> <ul style="list-style-type: none"> <li>● Communicating needs and wants</li> <li>● Recognising and articulating feelings</li> <li>● Understanding feelings of others</li> <li>● Appropriate expression of feelings</li> <li>● Expressing concerns</li> <li>● Showing concerns for others</li> </ul>

**Communication  
(continued)**

**Early Stage 1**

- Expressing needs, wants and feelings
- Seeking help
- Giving help

**Stage 1**

- Expressing needs, wants and feelings
- Identifying feelings of others
- Understanding feelings of others
- Expressing concerns
- Seeking help